

**Supplementary Table 2. Lifestyle and sociodemographic characteristics in 2007 and 2014**

Characteristic	2007	2014
<b>Children's characteristics</b>		
Physical activity		
Inactive	6 (75)	191 (67.5)
Active	2 (25)	92 (32.5)
No. of full meals per day		
≥3 times/day	229 (79.8)	191 (67.5)
<3 times/day	58 (20.2)	92 (32.5)
BMI (kg/m <sup>2</sup> )		
Underweight	39 (13.6)	51 (17.8)
Normal	217 (75.6)	196 (68.3)
Overweight	31 (10.8)	40 (13.9)
<b>Father's characteristics</b>		
Level of education		
Low (<12 yr)	224 (93.3)	205 (90.7)
High (>12 yr)	16 (6.7)	21 (9.3)
Occupation		
Entrepreneur	103 (48.8)	95 (49.5)
Government employees	18 (8.5)	11 (5.7)
Private employees	54 (25.6)	39 (20.3)
Freelance	26 (12.3)	28 (14.6)
Unemployed	10 (4.7)	19 (9.9)
Physical activity		
Inactive	61 (28.9)	74 (41.3)
Active	150 (71.1)	105 (58.7)
No. of full meals per day		
≥3 times/day	146 (69.2)	128 (71.5)
<3 times/day	65 (30.8)	51 (28.5)
Smoking status		
Smoker	68 (32.2)	76 (39.6)
Nonsmoker	143 (67.8)	116 (60.4)
BMI (kg/m <sup>2</sup> )		
Underweight (BMI <18.5)	27 (12.7)	19 (10.3)
Normal (BMI 18.5–22.9)	101 (47.4)	76 (41.3)
Overweight (BMI 23–24.9)	30 (14.1)	29 (15.8)
Obese (BMI >25)	55 (25.8)	60 (32.6)
Waist circumference		
Not obese	127 (80.9)	122 (67.8)
Obese	30 (19.1)	58 (32.2)

Values are presented as number (%).

(continued)

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Characteristic	2007	2014
<b>Mother's characteristics</b>		
Level of education		
Low (<12 yr)	258 (94.5)	255 (93.1)
High (>12 yr)	15 (5.5)	19 (6.9)
Occupation		
Entrepreneur	67 (26)	88 (34.2)
Government employees	14 (5.4)	13 (5.1)
Private employees	30 (11.6)	32 (12.5)
Freelance	78 (30.2)	61 (23.7)
Unemployed	69 (26.7)	63 (24.5)
Physical activity		
Inactive	88 (34.1)	130 (52.4)
Active	170 (65.9)	118 (47.6)
No. of full meals per day		
≥3 times/day	197 (76.4)	169 (68.1)
<3 times/day	61 (23.6)	79 (31.9)
Smoking status		
Smoker	248 (96.1)	247 (96.1)
Nonsmoker	10 (3.9)	10 (3.9)
BMI (kg/m <sup>2</sup> )		
Underweight (BMI <18.5)	21 (8.3)	16 (6.3)
Normal (BMI 18.5–22.9)	92 (36.2)	72 (28.6)
Overweight (BMI 23–24.9)	46 (18.1)	35 (13.9)
Obese (BMI >25)	95 (37.4)	129 (51.2)
Waist circumference		
Not obese	61 (43.6)	71 (32.3)
Obese	79 (56.4)	149 (67.7)
Household total expenditure		
1st Quintile	43 (15)	52 (18.1)
2nd Quintile	51 (17.8)	70 (24.4)
3rd Quintile	53 (18.5)	47 (16.4)
4th Quintile	72 (25.1)	50 (17.4)
5th Quintile	68 (23.7)	68 (23.7)
Living area		
Rural	155 (54)	105 (36.7)
Urban	132 (46)	181 (63.3)
Household size		
Nuclear family (<4 persons)	86 (30)	169 (58.9)
Extended family (>4 persons)	201 (70)	118 (41.1)

Values are presented as number (%).